

National Institute of Post Harvest Technology (NIPHT),
Talegaon Dabhade, Dist. Pune Organizes
Organic Kitchen Gardening Workshop
OwnGrown Method



What You'll Learn

- OwnGrown organic kitchen gardening method developed by Saraswati Kuwalekar
Grow and eat your first veggies in just 3 weeks
- Terrace / Balcony/ Backyard organic kitchen gardening
- Ample live demos & practicals on:
 - Composting kitchen waste
 - Soil preparation & pot filling
 - Transplant seedlings
 - Seed selection
 - Seeds Sowing techniques
 - Plant care & watering methods
 - Pollination basics
 - Natural pest control
 - Multi-cropping & its benefits



Surprise Gifts
for participants



Certificate
by NIPHT



Key Takeaways:

- Convert kitchen waste into "Black Gold" (compost)
- Reduce synthetic chemical intake via fruits & Veggies
- Contribute towards a dumping-free, greener Earth 

Start Your Green Journey Today



Date: 30th-31st May, 2026

Fees: Rs.2,999 + 18% GST

Time: 10 am to 5 pm

Scan to know more

SCAN & PAY



ABOUT US



Program Venue



National Institute of
Post Harvest Technology,
Sr. No.39B-400, Near CRPF
campus, Talegaon Dabhade,
Tal. Maval, Dist. Pune,
Pin-code : 410506

Contact / Registration



For registration WhatsApp:
Ravindra Deshmukh: 9622499265
Bhagwat Sapkal: 9766521234
Mukund Bandgar: 9422057094



Fees includes
lodging and boarding